

# J And W Soaps Free Recipe 1

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## Recipe Totals

Liquid Required	8.44 oz	239.2 g
NaOH Weight	4.74 oz	134.38 g
Oil Weight	34 oz	963.88 g
Fragrance Oil Weight	1.02 oz	28.92 g
Superfat		5%
Total Batch Weight	48.2 oz	1366.39 g
Lye Concentration		35.97%
Liquid : Lye Ratio		1.78 :1
Saturated : Unsaturated		41:59

## Recipe Properties

Property	%	Recommended
Bubbly Lather	18	14 - 46
Cleansing	14	12 - 22
Condition	53	44 - 69
Hardness	41	29 - 54
Longevity	27	25 - 50
Creamy Lather	31	16 - 48
Iodine	58	41 - 70
Ins	150	136 - 165

## Fatty Acids %

Lauric	10
Myristic	4
Palmitic	20
Stearic	7
Ricinoleic	5
Oleic	42
Linoleic	7
Linolenic	0

<input type="checkbox"/> <b>Liquid and NaOH</b>			
<input type="checkbox"/> Liquid Required	8.44 oz		239.2 g
<input type="checkbox"/> NaOH Weight	4.74 oz		134.38 g
<input type="checkbox"/> <b>Recipe Oils, Fats and Waxes</b>			
<b>Oil</b>	<b>%</b>	<b>Ounces</b>	<b>Grams</b>
<input type="checkbox"/> Lard, Pig Tallow (Manteca)	45	15.3	433.75
<input type="checkbox"/> Coconut Oil, 76 deg	20	6.8	192.78
<input type="checkbox"/> Avocado Oil	15	5.1	144.58
<input type="checkbox"/> Olive Oil	15	5.1	144.58
<input type="checkbox"/> Castor Oil	5	1.7	48.19
<b>Total</b>	<b>100</b>	<b>34</b>	<b>963.88</b>
<input type="checkbox"/> <b>Additional Ingredients</b>			
<input type="checkbox"/>	_____		
<input type="checkbox"/>	_____		
<input type="checkbox"/>	_____		