

# J & W Soaps Manly Man Scrubby Soap

Recipe date: 02/28/2021 📅

Recipe Totals			Recipe Properties			Fatty Acids %	
Liquid Required	9.93 oz	281.49 g	Property	%	Recommended	Lauric	17
NaOH Weight	4.96 oz	140.75 g	Bubbly Lather	28	14 - 46	Myristic	7
Oil Weight	34 oz	963.88 g	Cleansing	24	12 - 22	Palmitic	21
Fragrance Oil Weight	1.7 oz	48.19 g	Condition	48	44 - 69	Stearic	3
Superfat		5%	Hardness	48	29 - 54	Ricinoleic	5
Total Batch Weight	52.45 oz	1486.82 g	Longevity	24	25 - 50	Oleic	35
Lye Concentration		33.33%	Creamy Lather	29	16 - 48	Linoleic	8
Liquid : Lye Ratio		2 :1	Iodine	49	41 - 70	Linolenic	0
Saturated : Unsaturated		48:52	Ins	170	136 - 165		

**Liquid and NaOH**

<input type="checkbox"/> Liquid Required	9.93 oz	281.49 g
<input type="checkbox"/> NaOH Weight	4.96 oz	140.75 g

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**Recipe Oils, Fats and Waxes**

Oil	%	Ounces	Grams
<input type="checkbox"/> Coconut Oil, 76 deg	35	11.9	337.36
<input type="checkbox"/> Olive Oil	30	10.2	289.16
<input type="checkbox"/> Palm Oil	30	10.2	289.16
<input type="checkbox"/> Castor Oil	5	1.7	48.19
<b>Total</b>	<b>100</b>	<b>34</b>	<b>963.88</b>

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**Custom Additives**

**Add with the Fats**

<input type="checkbox"/> Activated Charcoal	1 tbsp
<input type="checkbox"/> Clay	1 tbsp
<input type="checkbox"/> Oatmeal	1.5 tbsp

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**Fragrances**

Shave and a Haircut from Brambleberry

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**Additional Ingredients**

Notes: